IN THE CLAIMS

This listing of claims replaces all prior versions, and listings, in this application.

1. (previously presented) A composition suitable for oral consumption comprising an insulin sensitizer and a peptide fraction of a protein hydrolysate, wherein at least 70 molar% of peptides in the peptide fraction have a molecular weight below 2000 Da and at least 20 molar% of peptides with a molecular weight below 2000Da are present as diand/or tripeptides.

Claim 2 (canceled)

3. (previously presented) A composition according to claim 1 further comprising at least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.

Claim 4 (canceled)

5. (previously presented) A composition according to claim 1, wherein the peptide fraction is comprised of peptides having molecular weights below 500Da.

Claim 6 (canceled)

- 7. (currently amended) A composition according to claim 2, wherein most of the diand/or tripeptides are comprised of proline at one end.
- 8. (currently amended) A composition according to claim 1 [[2]], wherein at least 20% of proline present in the hydrolyzed protein is present in the di- and/or tripeptides.
- 9. (currently amended) A composition according to claim 1 [[2]], wherein at least 30% of the tripeptides have a carboxy terminal proline.

Claim 10 (canceled)

- 11. (previously presented) A composition according to claim 1, wherein the insulin sensitizer is chromium, vanadium, niacin, corosilic acid, banana leaf extract, ginseng berry, Ginsensoside Re, cinnamon, methylhydroxy chalcone polymer, pterostilbene, biguanide or thiazolidinedione.
- 12. (previously presented) A dietetic product, or a pharmaceutical product, or a food or a food supplement comprising the composition according to claim 1.

Claim 13 (canceled)

- 14. (withdrawn) A method of using a composition according to claim 1 which comprises having a subject ingest the composition.
- 15. (withdrawn) A method of reducing insulin resistance using a composition according to claim 1 which comprises having a subject ingest the composition.
- 16. (withdrawn) A method according to claim 14, wherein the composition further comprises at least one free amino acid which is selected from the group consisting of tyrosine, leucine, phenylalanine and arginine.
- 17. (withdrawn) A method of treating type 2 diabetes which comprises drinking a composition according to claim 1 by a subject in need thereof.
- 18. (withdrawn) A method of delaying development of diabetes which comprises drinking a composition according to claim 1 by a subject in need thereof.

- 19. (currently amended) A composition according to claim_1 [[2]] further comprising at 'least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.
- 20. (currently amended) A composition according to claim 1 [[6]] further comprising at least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.
- 21. (previously presented) A composition according to claim 8 further comprising at least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.

Claim 22 (canceled)

- 23. (withdrawn) A method according to claim 15, wherein the composition further comprises at least one free amino acid which is selected from the group consisting of tyrosine, leucine, phenylalanine and arginine.
- 24. (withdrawn) A method of reducing insulin resistance or delaying development of diabetes using a composition comprised of a peptide fraction of a protein hydrolysate, the method comprising:
- (a) providing the composition to a subject in need thereof and
- (b) having the subject ingest the composition whereby insulin resistance is reduced or development of diabetes is delayed.
- 25. (withdrawn) A method of treating type 2 diabetes using a composition comprised of a peptide fraction of a protein hydrolysate, the method comprising:
- (a) providing the composition to a subject being treated for type 2 diabetes with an insulin sensitizer and
- (b) ingesting the composition whereby blood glucose is lowered.

26. (withdrawn) A method according to claim 25, wherein the peptide fraction further comprises at least one free amino acid which is selected from the group consisting of tyrosine, leucine, phenylalanine and arginine.